

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Tanya West**

Has successfully participated & completed the

**7km Women Rock - Trail Run presented by Navworld**

held at Ingaadi Spa.

**TIME 01:09:22**

**PACE 09:54/km**

**OVERALL 83 of 204**

**GENDER 63 of 161**

**OPEN 44 of 96**

28 August 2016, Sun

Date



*BoutTime*

Signature

